



2026 Lightning Cup

Online Registration Instructions

1. Team Information Input

Fill out Coach & Admin Information, Add any other bench personnel. *If Admin will not be on bench, please select the "No" box to clarify.*

2. Official Team Roster

Upload US Youth Soccer or US Club Roster (Proof of registration) *Teams cannot combine the two*

3. Out of State?

If your team is from out of state and not a US Club team, approved permission to travel paperwork must be uploaded here.

4. Liability Release Form

Must be electronically signed by a Parent/Guardian for each rostered player. NO EXCEPTIONS!

5. Bench Personnel Concussion Certificates

Heads-Up Concussion Certificate must be uploaded for ALL Bench Personnel listed. (Located on the [CDC website](#))

6. Bench Personnel SafeSport Certificates

SafeSport Certificate must be uploaded for ALL Bench Personnel listed.

7. SportsForms Roster Submission

Enter in ALL information (Status (Below), Names, DOB, Jersey #) for each player participating in the tournament.

Club Pass (Player is from within the club): Will be required to upload the usual teams roster to prove governing body registration.

Guest Players (Player from outside of club): Will be required to upload usual teams roster to prove governing body registration as well as Guest Player Loan Form

8. Player Passcards

Upload a copy of your player passcards

9. Risk Management Cards

RM cards must be uploaded for ALL Bench Personnel

IMPORTANT: The above information inputted & uploaded into SportsForms will be printed out and used as your Tournament Roster - Any players or bench personnel left off the SportsForms roster will NOT be accounted for during the tournament!!

Questions regarding online registration, please use the [event message center](#)!